

# Services Guide

## Massages

Deep Tissue 50Min	MINT Active Member & Non-Member 105	MINT Conditioned Member 94 <sup>50</sup>
Deep Tissue 80Min	150	135
Swedish 50Min	100	90
Swedish 80Min	145	130 <sup>50</sup>
Hot Stone 50Min	125	112 <sup>50</sup>
Hot Stone 80Min	165	148 <sup>50</sup>
Aromatherapy 80Min	160	144
Sports 50Min	105	94 <sup>50</sup>
Sports 80Min	150	135
Pre/Post Natal 50Min	105	94 <sup>50</sup>
Pre/Post Natal 80Min	150	135
Couples 50Min	105	94 <sup>50</sup>
Couples 80Min	150	135
Express 30Min	60	54

## Bodywork

Thai Yoga Massage 50Min	100	90
Thai Yoga Massage 80Min	150	135
Table Thai Massage 30Min	59	53 <sup>10</sup>

## Facials

Advanced Firming 80Min	150	135
MINT Signature 50Min	100	94 <sup>50</sup>
Express 30Min	60	54

## Add-Ons

Enzyme Peel	20	18
Cooling Foot Treatment	15	13 <sup>50</sup>
Seasonal Hand Treatment	15	13 <sup>50</sup>

## Nutrition

Custom Diet Analysis (2 sessions)	225	202 <sup>50</sup>
Focus Session 50Min	75	67 <sup>50</sup>
Shop Healthy 120Min	160	144
Weekly Menu Plan	99	89 <sup>10</sup>



## Spa Packages & Promotions

### Tranquil Tuesday 49

Includes a choice of 30Min massage or facial at the Tuesday special pricing; or choose Table Thai for only \$10 more!

### The Weekender 119

Includes a choice of a 50Min massage or facial and access to the fitness club for Saturday and Sunday.

### Day at the Spa 204

Includes a 50Min massage, a 50Min facial and day use of the fitness club.

Purchase and book at [mintdc.com/spa](http://mintdc.com/spa) or

MINT Dupont  
202.328.MINT (6468)

MINT Downtown  
202.638.MINT (6468)

THE  
SPA AT  
MINT

Dupont and Downtown  
[mintdc.com](http://mintdc.com)

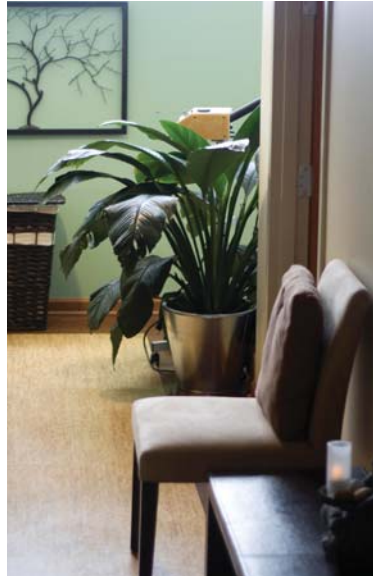
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## Physical Therapy

Initial Evaluation	MINT Active Member & Non-Member	130	MINT Conditioned Member	117
Treatment Session		120		108
Injury Prevention Screen		125		97 <sup>50</sup>
Return to Gym Workout		110		99
Office Ergonomic Evaluation On Site		150		135

## Waxing/Tinting

Eyebrow Wax	MINT Active Member & Non-Member	20	MINT Conditioned Member	18
Lip Wax		15		13 <sup>50</sup>
Chin Wax		15		13 <sup>50</sup>
Sideburn Wax		20		18
Face Wax (no brow)		40		36
Underarm Wax		30		27
Bikini Wax		45		40 <sup>50</sup>
Brazilian Wax		65		58 <sup>50</sup>
Stomach Wax		25		22 <sup>50</sup>
Full Leg Wax		65		58 <sup>50</sup>
Half Leg Wax		40		36
Leg w/Bikini Wax		90		81
Leg w/Brazilian Wax		115		103 <sup>50</sup>
Full Arm Wax		40		36
Half Arm Wax		25		22 <sup>50</sup>
Back Wax		65		58 <sup>50</sup>
Brow Tinting		25		22 <sup>50</sup>
Lash Tinting		25		22 <sup>50</sup>
Lash & Brow Tinting		49		44 <sup>10</sup>



Arrive early to enjoy MINT's steam rooms or sauna prior to your service.

Take advantage of full club access on the day of your treatment for \$20.

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Gift cards are available.  
Call 202.328.MINT or  
visit [mintdc.com/gift-cards](http://mintdc.com/gift-cards).



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